

JULY/AUGUST 2024

ISSUE 4

THE UEF MAGAZINE



WHERE PEOPLE FIND
THEIR COMMUNITY

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SCHOOL OF ORIGINAL THOUGHT™

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WHO WE ARE

The Universal Education Foundation was founded in 1986, by Hossca and Rebecca Harrison. Years ago Hossca received a vision, after being in a coma, to establish a unique healing center, a healing center that would assist ones to heal outside of traditional thought and perceptions.

Since 1986, the UEF has worked with children and their families to create a balance in the family unit. When balance does not exist, pain, anger and fear are the result. Multiply this with all members of a family, the environment becomes explosive.

Change is inevitable; how you choose to change is not. If something is not working, it is time to make a different choice, to create a different experience in life.
Now is the time to heal.

Since 2021, the UEF has called Colorado Springs its forever home. In its current space, we provide free support to those seeking change, growth and community. Everyone needs a space in which they feel welcomed, valued and heard.

We are a community that provides caring, compassion and connection. We always will.

The board consists of eight people. Together and with the support of community volunteers, we create the space for many to interact and heal.

The UEF does not have any employees.

FEATURED GROUP MEMBER

YOUNG ADULT PEER GROUP
PARTICIPANT



Hayley

Hayley joined the young adult peer-based support group about one year ago and has been a warm and compassionate group participant. She is married to an Army military member and preparing to jet off on a new adventure in another state.

Hayley recently graduated from the University of Colorado at Colorado Springs with a bachelor's degree in Business Administration with a minor in accounting. She also enjoyed participating in Latinx Student Union (LSU) on campus.

Hayley comes from a close family and her mom and brother are local to the area. She was seeking a place to join her peers in an emotionally safe and rich environment; a place where she could expand her relationships and opportunities.

During group meetings, Hayley shares about her life, goals and challenges when they surface. She also listens, contributes and especially with compassion.

We are so excited for Hayley and her future as she explores career opportunities in a new state and onward from there! At the same time, we'll miss her participation and warmth.

ANNUAL YOUNG ADULT GROUP BBQ

Every year since 2022, we have a summer BBQ with the young adults off-site from the UEF building.

We provide most of the food and they come to chat, mingle and eat.

This is a time to take a break from our regular group and celebrate each other and what we have.

We chose this date to also celebrate Hayley before she moves out of state!

Big thanks to Debbie for hosting!

ANNUAL YOUNG ADULT GROUP BBQ PICTURES



CLOTHING GIVEAWAY

We had our most recent Clothing Giveaway in June. We feel it's important for anyone to receive free/donated clothing in an environment that cares and are judgment-free and hassle-free.

When people enter the large room for clothing/shoes, we like to greet them and assist them however we can in selecting what they need.

We are honored to have this opportunity to be of service to the Colorado Springs community.

Also a big thanks to one of our volunteers, Sharon (and previously Terry), who has greatly assisted and a big thanks to those who donated their clothing!

CLOTHING GIVEAWAY



WHAT IS MOST IMPORTANT?

When you hear the question, “what is most important to you?” what are your immediate thoughts? Most people will list a few things they feel are the most important to you them.

The next question to ask is, “where do I place the most energy?” Not necessarily time, but energy (emotional/mental/physical). The answer to question number two is usually the answer to question number one.

For example, a person might say their family is the most important and family IS very important. If the person spends the majority of their energy on worry, fear and/or survival, the latter energies might just be more important - or predominant in this case. A person might respond with ‘I have worry and fear because my family is so important’. There might just be a different reason why the fear and worry are predominant in one’s immediate environment.

Sometimes what is seemingly the obvious is not the actual cause but a symptom - and something to which a person can logically connect.

We all want things to make sense and many times, we have to dig to find the deeper answer in order to create strong and lasting resolution.

This is an example of how we assist our group members in a peer-based setting. We help people look at things a little differently so they can arrive to an answer that will assist in strong movement forward in their life journey.



COLORADO SPRINGS NONPROFIT COLLABORATIVE;

WE ARE THE CHANGE

Networking and Support

The Colorado Springs Collaborative; We Are The Change creates the space for nonprofits to provide information, resources and encouragement for each other. We (all of us) are here to build a strong community within the local nonprofit sector.

Once per month we meet in the morning or afternoon (rotates each month) to discuss ideas, strategies, challenges and a group-chosen topic. After each meeting a follow-up summary/meeting notes is sent to everyone in the group. In between meetings, we share ideas, events and information to support each other's organization and its mission.

INFORMATION AND CONTACT



Teen Peer Group - For teens (high school age) Tuesdays 4pm-5pm - snacks and water provided

Young Adult Peer Group - For young adults (ages 18-29) Tuesdays 5:30pm - 7pm - snacks and water provided

School of Original Thought - peers 30s/40s Group - 2nd and 4th Thursday 5:30pm-7pm - water/coffee/tea provided

Parents Supporting Parents Group - 1st and 3rd Thursday 5:30pm-7pm - water/coffee/tea provided

Clothing Giveaways - several times per year, we host a free clothing shopping experience in our large downstairs room. Come browse and select clean/donated clothing and take home with you! Follow our social media for event dates.

Venue Space - contact us if you'd like to inquire about renting our space as a venue.

First Friday Art Walk - on select first Fridays of the month, come browse beautiful art, visit with the artist, have a snack and a beverage.

Facebook : facebook.com/TheUniversalEducationFoundation

Instagram : [@universaleducationfoundation](https://www.instagram.com/universaleducationfoundation)

TikTok : [@universaledfound](https://www.tiktok.com/@universaledfound)

www.universaleducationfoundation.org

All donations are tax-deductible. Donations in any amount are greatly appreciated and support the space and groups.



Contact Tami at Tami@universaleducationfoundation.org for more information on groups and events.

For venue space, contact Andrea at andrea.macdonald@honcha.org