

APRIL 2024

ISSUE 1

THE UEF MAGAZINE



WHERE PEOPLE FIND
THEIR COMMUNITY

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UNIVERSAL EDUCATION FOUNDATION;
SCHOOL OF ORIGINAL THOUGHT™

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WHO WE ARE

The Universal Education Foundation was founded in 1986, by Hossca and Rebecca Harrison. Years ago Hossca received a vision, after being in a coma, to establish a unique healing center, a healing center that would assist ones to heal outside of traditional thought and perceptions.

Since 1986, the UEF has worked with children and their families to create a balance in the family unit. When balance does not exist, pain, anger and fear are the result. Multiply this with all members of a family, the environment becomes explosive.

Change is inevitable; how you choose to change is not. If something is not working, it is time to make a different choice, to create a different experience in life.
Now is the time to heal.

Since 2021, the UEF has called Colorado Springs its forever home. In its current space, we provide free support to those seeking change, growth and community. Everyone needs a space in which they feel welcomed, valued and heard.

We are a community that provides caring, compassion and connection. We always will.

The board consists of eight people. Together and with the support of community volunteers, we create the space for many to interact and heal.

The UEF does not have any employees.

TREY - YOUNG ADULT PEER GROUP PARTICIPANT

TREY

“I believe the Earth is a school for souls”

Trey arrived to our young adult group in winter 2024 and when he walked in he was immediately accepted by the others.

“The sign outside says community, I can attest to that,” he said during one group a few months later.

With some new group members, they wait to share. Not with Trey. He immediately began sharing his story. He was looking for community, a support system at this point in his life.

“I’m a 3-times childhood cancer survivor. After my relapse, I received a bone marrow transplant from my brother. Finally, at 21 my thyroid was removed. I’m 29 now and in full remission.”

We looked at him, not quite sure how to respond - and at the same time feeling a great amount of compassion.

Currently, he lives with his brother in an apartment and is exploring educational and professional opportunities.

In fact, he has a passion for helping people. Currently, he’s studying to be a phlebotomist and also seeking other ways to be of support to people.

In a recent group he said, “I just feel like we’re all here to learn something. Like the earth is a school for souls. We’re all learning here.”

Trey offers compassion, authenticity and support to the others in group.

And he’s right. We’re all here to learn something about ourselves and our lives. Hopefully, learning never ends.



Trey

WHY ARE WE HERE?

For many generations, society has generally taught a pattern of survival. It can look different within various families. For some, they're taught to do as they're told to avoid punishment or even abuse. Others might be taught to hold the status quo to gain and maintain society approval. There are many who are taught that it's all about the financial survival...and many other examples can be utilized here.

Some might believe that life is centered around gaining employment and working hard until retirement. THEN...perhaps then, they can relax and live a little at the age of 65 or 70. For some fortunate ones, even at a younger age - after achieving early retirement.

What were you taught? Was there a teaching - subtle or otherwise - to 'get through' life? Whether it related to work, external acceptance, finances or being in a relationship?

Are we here to get through life? Or are we here to find out what feeds personal joy and passion? What about waking up excited to start the day? Or is it just another day?

What feeds your creativity? Creativity can look different for everyone. For some, it's painting/drawing/music and while others, it's writing a blog or producing a podcast or anything in between.

What if you decided YOUR life carries purpose and you make it your mission to discover and LIVE it?

What if you were to ask yourself, "Why am I here?" every day for 30 days and see if you arrive to an answer? Maybe you'll begin to feel pulled toward a certain profession or learning experience or meet someone who has an idea to share? Maybe it will be a subtle spark of passion that whispers in your ear...and you have to be silent to hear it?

Life is to be enjoyed with purpose, passion and learning. Never stop learning. Many years ago I was taught 'when you stop learning, you grow old.'

Life can carry challenges, but those challenges never need to define us or our life. We get to choose what defines us. We.Get.To.Do.That.

DOWNTOWN PARTNERSHIP MIXER



The Downtown Partnership of Colorado Springs Quarterly Mixer
held at the Universal Education Foundation

The Universal Education Foundation was honored to hold the spring Mixer for the Downtown Partnership of Colorado Springs! We had over 120 attendees who mingled, networked and listened to Tami speak on why the UEF created the support groups and the benefit it brings to Colorado Springs.







COLORADO SPRINGS NONPROFIT COLLABORATIVE;

WE ARE THE CHANGE

Networking and Support

The Colorado Springs Collaborative; We Are The Change creates the space for nonprofits to provide information, resources and encouragement for each other. We (all of us) are here to build a strong community within the local nonprofit sector.

Once per month we meet in the morning or afternoon (rotates each month) to discuss ideas, strategies, challenges and a group-chosen topic. After each meeting a follow-up summary/meeting notes is sent to everyone in the group. In between meetings, we share ideas, events and information to support each other's organization and its mission.



KOAA Channel 5 News

CLOTHING GIVEAWAY

Several times per year, we offer a clothing shopping experience for anyone in need of free, donated/used clothing. Anyone can arrive to browse and select clothing to take home. No coupons, vouchers or questions asked. This is for any and all in the community.

When you arrive, we like to greet you at the door and assist you with finding clothes or just browse for a while!

We have women's / men's / children's clothing and shoes. These photos are from February 2024.

INFORMATION AND CONTACT



Teen Peer Group - For teens (high school age) to share and support each other in a judgment-free space. Tuesdays 4pm-5pm - snacks and water provided

Young Adult Peer Group - For young adults (ages 18-29) to share and support each other in a judgment-free space. Tuesdays 5:30pm - 7pm - snacks and water provided

School of Original Thought - peers 30s/40s Group - For adults (ages 30s/40s) to share and support each other in a judgment-free space. 2nd and 4th Thursday 5:30pm-7pm - water/coffee/tea provided

Parents Supporting Parents Group - For parents to share and support each other in a judgment-free space. 1st and 3rd Thursday 5:30pm-7pm - water/coffee/tea provided

Clothing Giveaways - several times per year, we host a free clothing shopping experience in our large downstairs room. Come browse and select clean/donated clothing and take home with you! Follow our social media for event dates.

Venue Space - contact us if you'd like to inquire about renting our space as a venue.

First Friday Art Walk - on select first Fridays of the month, come browse beautiful art, visit with the artist, have a snack and a beverage.

Facebook : facebook.com/TheUniversalEducationFoundation

Instagram : [@universaleducationfoundation](https://instagram.com/universaleducationfoundation)

TikTok : [@universaledfound](https://tiktok.com/@universaledfound)

www.universaleducationfoundation.org

All donations are tax-deductible. Donations in any amount are greatly appreciated and support the space and groups.



Contact Tami at Tami@universaleducationfoundation.org for more information on groups and events.

For venue space, contact Andrea at andrea.macdonald@honcha.org